Lowell is located 28 miles north of Boston and 22 miles south of Nashua.

From Interstate Route 495 take Exit 89C onto the Lowell Connector.

From Route 3 take Exit 80A if traveling southbound, Exit 80B if traveling northbound.

- Take the Lowell Connector to Exit 5B Thorndike Street.
- Continue right onto Thorndike Street, which becomes Dutton Street.
- Turn right at the intersection of Dutton Street and Merrimack Street. Then take the first right onto Shattuck Street, which is one-way.
- The NEQM is located at the corner of Shattuck Street and Middle Street.